

Institution Profile

IRHDTC/Nepal

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PART I

INTRODUCTION

Background

Integrated Rural Health, Development Training Center Nepal (IRHDTC/Nepal) is a service oriented non-profit organization established by experienced public health managers, policy makers, medical personnel, and academic leaders engaged in the field of public health and development in Nepal and abroad. It has already completed 18 years of tireless and dedicated effort for the capacity building and development of the human resources for health. Through collaborative efforts of experts, academicians, and supporting organizations, it has been able to significantly contribute in strengthening the technical, and leadership competencies and capabilities of the current and future public health workforce and has been able to build strong linkages between policies, program and research both in Nepal and abroad.

IRHDTC has a vision of improving the health status of the people of Nepal by enhancing the ability of the current and future public health workforce to effectively deliver the Essential Public Health Services to communities throughout the country. Inspired by the fact that trainings are the finest investments that can make a huge impact in the lives of poor and vulnerable, IRHDTC since its inception has focused on delivering quality and effective trainings based on the most scientific teaching-learning methods which can last a lifetime - and beyond. It focuses on equipping individuals with the understanding, skills, and knowledge-base that enable them to perform effectively. As an indispensable part of the training program, it has also focused on research, policy analysis, strategic planning, advocacy, program management and evaluation, which further adds value to the organization professional, scientific, managerial, and leadership competencies and capabilities.

Vision and Mission

We envision a Nepal where every individual has the information and awareness needed to effectively and efficiently live a healthy life. And where every men, women and children at risk are protected early through safe, efficacious, and affordable health services.

The mission of the IRHDTC is to build the individual and institutional capacity to create effective health and population development policies and programs. We seek to develop

cadres of highly skilled and motivated health professionals, service providers, academicians and leaders for individual and organizational progress and development.

Objectives

- To execute necessary research and investigation on public health and development areas and provide proper technology to Government, Donor Communities, NGOs and CBOs.
- To operate and implement training programs contributing to the development of the maternal and child health, family planning service, vaccination service, population education service, nutrition service and promotion, prevention and treatment of infectious diseases (Emphasis on HIV/AIDS, Japanese Encephalitis and Malaria), and rural development issues.
- To develop training packages in the priority areas based on the scientific and most recent technologies.
- To provide consultancy service on the management and operation of public health and rural development programs.
- To produce materials for print and electronic media such as posters, pamphlets, charts and books; radio drama, TV commercials etc.
- To hold various symposia, seminars, and workshop on public health and development trend and assessment.
- To exchange public health and development related information by providing information to individuals and organizations through the use of Information Communication Technology.

Major expertise

IRHDTC has proven its excellence in the following fields:

1. Human Resource for Health Trainings and Training curriculum and package development especially in the following areas:

- *Child Health*
- *Nutrition*
- *Epidemiology of common diseases*
- *Hygiene, Sanitation and Environmental Health*
- *HIV/AIDS*
- *Family Planning and Reproductive Health*
- *Behaviour Change Communication*
- *Monitoring and Evaluation*
- *Logistic Management*

2. Research Activities

- *Surveys*
- *After training Follow up studies*
- *Health System Research (Public Private Partnership, Program Evaluation)*
- *Operational studies including rapid assessment surveys, ethnographic/qualitative studies*

PART II

ACTIVITIES AND ACHIEVEMENTS

IRHDTC Nepal has already completed a successful operation of almost 18 years in the health sector of Nepal and at times, provided services in other developing countries of Asia and Africa. A short chronological description of activities and achievements of IRHDTC can be listed as follows:

2016:

- Technical Assistance and Advocacy support for effective Implementation of Integrated Management of Acute Malnutrition (IMAM) program in Bajura, Baitadi, Jumla and Mugu districts, July 2016- June 2017, UNICEF/Nepal
- Organized MTOT of Stabilization Center in Dhandagi for all partners in IMAM scaling up districts, UNICEF/Nepal
- A strategic review of IMCI for the future building on lessons learnt from IMNCI, WHO/Nepal
- Approved CB-IMNCI activities, Training site development, Remote Area Guidelines, Birthing Site Monitoring and assessment for this fiscal year 73-74 to support Health for Life (H4L)/RTI in the 14 district.

2014 -15:

- Preparatory planning meeting for CB-IMNCI Training site development in Surkhet and Nepalgunj Medical College, Health for Life (H4L)/RTI
- Preparatory planning meeting for CB-IMNCI coaching site development in Salkot and Melkuna VDCs (Surkhet) and Bardiya, Health for Life (H4L)/RTI
- Conducted ethnicity based HMIS Data Analysis mainly in maternal and Child Health in 87 priority VDCS in 12 districts of Health for Life (H4L)/RTI.
- Implementation of CBIMNCI training (HF level, Community level, Follow up After Training, Drug Retailer Orientation, Review Meeting, Dropped out Training) in Nawalparasi district 2014-2015, Save the Children.

- Implementation of Learning Circle Training to strengthen the Health Mothers' Group Meeting based on to HF level staff and community staff in H4L districts (5 districts with full coverage and 10 priority VDCs of 9 districts).

2013-14:

- Development of integrated package of CB-IMCI and CB-NCP as CB-IMNCI package.
- Revise/ rewrite of the CB-NCP package based on the outcome of discussion, meetings and workshop, Save the Children.
- Survey on Verbal Autopsy to ascertain causes of neonatal death in Nepal, in 6 districts, USAID/Nepal.
- Worked as a partner organization with Health for Life (H4L)/RTI. IRHDTC mainly focuses on CBIMCI/CBNCP activities.
- Protocol Review on Community Based Integrated Management of Childhood Illness (IMCI) (HF level, community Level), Save the Children, SUA AHARA (Completed)
- Community Based Newborn Care Program in Dang and Kavre, UNICEF. The program included training to health workers at health facility level and community level, follow up study, logistic management (inclusive of supply of logistic materials related to CBNCP Program to District Office) and monitoring and evaluation of the program.

2012 :

Research based pilot project of FCHV based on Adult Learning Approach in Rasuwa district.

- Conduction of MToT and Community Level trainings of Adult Learning Program
- Intensive monitoring of the drama based health education and social mobilization activities of FCHV and mother's group
- Support in the End line survey of the project along with nationwide dissemination of the findings

Implementation of "Community based Newborn Care Program" in Dang and Kavre districts.

- Providing technical and logistics assistance to UNICEF/Nepal to conduct CB-NCP health facility level and community level training and regular technical monitoring support in Dang and Kavre Districts.
- Periodically conducting operational research activities including carrying out verbal autopsy of neonatal deaths and ethnographic study of newborn care practices
- Through technical support of UNICEF, piloting of color coded monitoring of CBNCP and CBIMCI program of government
- Carried out CBNCP after training follow up and disseminated the results in 3 districts

2012 :

Supported HDA on the research “Public Private Partnership in Health Sector” conducted for MoHP (Research team led by Mr. Ram P. Bhandari).

- Review of available literatures and conduction of Key Informant Interview of various private, government and medical institutions
- Development of a research report

Development of package “Mother’s Group Health Strengthening” for Family Health Division, DoHS, MoHP.

- Providing technical assistance to NFHP II and FHD for the development of a package “Mother’s Group Health Strengthening” program which aims at revitalizing the defunct mother’s group (health) in various districts for enhancing the health of mother and children.

2011:

Research based pilot project of FCHV based on Adult Learning Approach in Rasuwa district.

- Baseline survey, Package development, Capacity building of FCHV
- Conduction of MTOT for development of trainers for the community level training
- The Research Project is ongoing with support from FHD and UNICEF

Implementation of “Community based Newborn Care Program” in Dang and Kavre districts.

- Providing technical assistance to UNICEF/Nepal to conduct CB-NCP health facility level and community level training, logistic management and regular technical monitoring support in Dang and Kavre Districts.

- Periodically conducting operational research activities including carrying out verbal autopsy of neonatal deaths and ethnographic study of newborn care practices
- Through technical support of UNICEF, piloting of color coded monitoring of CBNCP and CBIMCI program of government
- Also, carried out CBNCP after training follow up and disseminated the results in 3 districts of Nepal

FCHV Fund Utilization training in Humla, Dang and Udaypur districts with support from UNICEF, Nepal

Logistics Management Training in Mugu district with support from NFHP/USAID

- Training on Logistics management was given to all level health workers (HF staff, VHW/MCHW, FCHV).

2010:

Advocacy Program on “World Pneumonia Day, 2010”

- IRHDTC, with a view to raise awareness among common people as well as advocate for the strengthening of the health services at the policy level conducted an advocacy and awareness campaign through print, visual and electronic media with support from SABIN, Rotary and UNICEF on the occasion of world pneumonia day, 2010.
- On the occasion, IRHDTC accomplished the following activities:
 1. A Documentary depicting the problem of pneumonia and its preventive measures was aired in a National level TV i.e. Nepal Television 2 times on 15th November at 5.30 pm local time and 16th November at 10.00 am local time.
 2. An article related to Pneumonia was submitted to the Kantipur Daily dated 12th Nov as well as posted in the website of the IRHDTC Nepal
 3. Each of the team members used facebook and blogs to highlight the world pneumonia day and the situation in the world and in Nepal.
 4. IRHDTC provided technical support to Rotary Club of Kathmandu North in the production of a “Nepali Brochure” and organize a mass during World Pneumonia Day, 2010.

Symposium for Parliamentarians on Maternal and Neonatal Health

- IRHDTC, Nepal organized a Symposium for Parliamentarians on Maternal and Neonatal Health on 2nd October 2010 at the Hotel Soaltee Crown Plaza, Kathmandu. The major technical and financial support was from Ministry of Health and Population (Government of Nepal), Women, Children and Social Welfare Committee of Nepal’s Constituent Assembly, UNICEF, Nepal and SABIN Vaccine institute.

CB-NCP Masters Training Of Trainers (MTOT)

- IRHDTC with the financial and technical support from UNICEF and Child Health Division, Nepal organized a 7 days MTOT on Community Based New Born Care Program (CB-NCP). The program was organized at Maternity Home Hospital, Thapathali.

FCHV Fund Utilization Package development.

- IRHDTC, Nepal provided technical support for the preparation of “FCHV Fund Utilization” package. The package development was supported by Nepal Family Health Program (NFHP) with technical inputs from the Family Health Division (FHD) and other concerned organizations.

Review and Finalization of Training Package of CMAM Program

- IRHDTC, Nepal undertook the task of package review and finalization of Community Based Management of Acute Malnutrition (CMAM) for the Government of Nepal. CMAM training package was designed for Health Facility level staffs and Community Health Volunteers. The major donor for the package development was UNICEF, Nepal.

Monitoring of Polio Mop-up program.

- IRHDTC, Nepal provided monitoring support to the UNICEF, Nepal for the completion of Monitoring of Polio Mop-Up program in 18 districts of Nepal.

Training of CB-IMCI, RH and COFP in Maoist Cantonments with support from GTZ/STTP

Implementation of "Community based Newborn Care Program" in Dang

- Providing technical and logistics assistance to UNICEF/Nepal to conduct CB-NCP health facility level and community level training in Dang District. This is a pilot project which is currently being implemented in Dang district.

2009:

Implementation of "Community based Newborn Care Program" in Dang

- Providing technical and logistics assistance to UNICEF/Nepal to conduct CB-NCP health facility level and community level training in Dang District, 2009. This is a pilot project which is currently being implemented in Dang district. The duration of the project is of 15 months which started from September, 2009.

Trainings on Reproductive Health and other health issues:

- IRHDTC/Nepal with its team of experienced public health facilitators, was assigned the task of facilitating the four different types of trainings to People Liberation Army (PLA) health workers by GTZ/STPP since July, 2009 in all 6 division cantonments including reproductive health trainings, family planning trainings, epidemiology and communicable disease management training and Integrated Management of Childhood Illnesses Training with a view to increase their basic knowledge and skill competencies ultimately improving the quality of the health service delivery inside all cantonments.

Consultancy Support for Child Health package Development in Liberia

- BASIC/USAID for Liberia Ministry of Health and Social welfare – Child Health Package Development, 2009

2008

Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"

- Technical and management/logistics assistance provided to conduct CB-IMCI Community level training Program including Zinc for Panchthar and Dolpa Districts, supported by UNICEF/Nepal 2008.

Development of Training Packages including manuals and BCC materials:

- Technical support provided to GoN Ministry of Health and Population National Health Training Center and Child Health Division to Develop and Design Community and Health Facility Level CB – NCP Package supported by SCF/US and NFHP, 2008.

2007

Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"

- Technical assistance to USAID/NFHP on CB-IMCI Community level training program for Pyuthan and Syangja Districts, 2007.
- Technical assistance to United Mission to Nepal to conduct CB-IMCI Health Facility and Community Level Training in Mugu Districts, 2007.

Management of social marketing of "Zinc Intervention":

- Technical assistance to PSI/Nepal to conduct social marketing of Zinc intervention through National level Hospital to Dist level Health Facilities and Community level training in Kathmandu, Bhaktapur and Lalitpur Districts, 2007. Altogether 2600 Health workers (Physician, Nursing staff, Health Assistance, AHW/ANM including VHW/ MCHWs and FCHVs) including private sector 1000 Pharmacists were also orientated.

2006

Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"

- Technical assistance to USAID/NFHP to conduct CB-IMCI Community Level Training in Jumla and Surkhet Districts, 2006. All together 128 staff were trained in community level course. In addition, 131 VHW/MCHWs were also trained for 5+ 2 days course in same districts. Similarly FCHV first and Second phase training including Dhami and Jhakri were completed in Jumla district, however, the second phase of FCHV level training in Surkhet district has been affected due to health workers' strike and re-scheduled to begin from 14th Kartik, 2063 B.S.

2005

Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"

- Technical assistance to USAID/NFHP to conduct CB-IMCI HF and Community level training in Parbat and Sankuwasabha Districts in the year 2005/06. All together 165 HF staff were trained and conducted followed up after training in CB-IMCI (7+2 days) course. Beside this the orientation program on Zinc tablet use on Diarrhea

management to FCHVs during 2nd phase training was also conducted in Parbat district. Background of the participants were Medical Officer, Health Assistant, Staff Nurse, ANM, AHW and District Supervisors, in both the district. Furthermore, VHW/MCHWs were also trained for 5+ 2 days course in same districts. Similarly FCHV first phase (5 days) and second phase (2 days) training is also completed in both the districts.

- Technical assistance to CARE/Nepal to conduct CB-IMCI community level training in Doti, Dadeldhura and Bajhang Districts, 2005. Total 192 VHW/MCHWs working in three districts were trained in Community level CB-IMCI program. Beside those 38 Facilitators from DHO/PHO including CARE staffs also trained in facilitation course.
- Technical assistance to USAID/NFHP to conduct CB-IMCI HF level training in Sarlahi District, 2005. All together 179 HF staff were trained into the 10 batches of CB-IMCI course. Background of the participants were Medical Officer, Health Assistant, Staff Nurse, ANM and AHW.

Development of Training Packages including manuals and BCC materials:

- Technical assistance to CECI/Nepal to develop teaching learning materials related to CDD/ARI training to 26 NGO staff (Total 47 AHW/ANMs of the local NGOs) as per IMCI approach working in Baitadi, Dadeldhura, Surkhet, Dailekh and Jumla Districts, 2005.

Management of trainings on Reproductive Health and other public health issues:

- Technical assistance to CECI/Nepal for the conduction of CDD/ARI training to 26 NGO staff (Total 47 AHW/ANMs of the local NGOs) as per IMCI approach working in Baitadi, Dadeldhura, Surkhet, Dailekh and Jumla Districts, 2005.

Researches

- Impact study of CB-IMCI training in Shankhuwasabha and Parbat district in the month of September 2005 supported by NFHP/USAID.
- Impact study of CB-IMCI training in Sarlahi district in the month of September 2005 supported by NFHP/USAID 2005.

2004

Management of Trainings on "Community Based Integrated Management of Childhood Illnesses"

- Technical assistance to CORE to successfully conduct of CB-IMCI HF level training in Jhapa District. Altogether 141 Health Facility Staff and 76 VHWS/MCHWs were trained in the district.

Researches

- Impact study of CB-IMCI training in JHAPA district in the month of September 2004 supported by SCF/US.
- Impact study of CB-IMCI training in Dhankuta district in the month of June 2004 supported by WHO.

Before 2003

Development of Training Packages including manuals and BCC materials:

- Reproductive Health Package development for KIT/UNFPA/Nepal, 1999.
- Development of pictorial flip chart on Mother and Child health for PLAN Nepal under Bara Rautahat Micro-Credit program, and conducted video based Community level TOT and FCHV training in Nijgad Bara in 1999. This is one of the successor programs of PLAN INTERNATIONAL.
- Development of "Counselor manual on family Planning" for ADRA/Nepal, 1995/96
- Revision and updating of 'VHW training and working manual" for NHTC/UNFPA, 1995/96.
- Development of "Community development package" and conducted training based on participatory approach under the sponsorship of ADRA/Nepal, 1995/96.
- Development of "VHW and MCHW manual on ARI" for UNICEF/Nepal, 1995.
- Development of "HP and SHP In charge' manual on ARI" for UNICEF, 1995.
- Development of training manual and training on "Water supply and sanitation" for World bank/JAKPAS, 1994/95

Management of trainings on Reproductive Health and other public health issues:

- Training program on Participatory Rural Appraisal (PRA) and Behavior Change Communication (BCC) from social marketing perspective to International Labor Organization (ILO) Time Bound Program (TBP) in collaboration with Federation of Nepal Chamber of Commerce and Industry (FNCCI) and 5 Chamber of Commerce of Makwanpur, Morang, Kaski, Mahendranagar and Bardiya.

Other activities:

- Development of "Integrated Supervision Tools" supported by World Bank/PIU/Nepal, 1996.

Production of Human Resources for Health (CMA training)

- IRHDTC was established with a view to fulfill the shortage of human resources for health and assist the public health system of Nepal in improving the health of the people especially those who are poor and excluded. IRHDTC in the initial phase started Community Medicine Auxiliary training program in the heart of Butwal, Khasauli, Rupendehi district. Since its inception this institute has produced more than 350 graduates, who are still working for government and non-governmental organizations.

PART III

LINKAGE WITH OTHER ORGANIZATIONS

IRHDTC/Nepal has worked with various agencies like H4L/USAID, UNICEF, USAID, NFHP/USAID, ADRA, Plan Nepal, JSI, World Bank/PIU, World Bank/JAKPAS, UNFPA/Nepal, WHO, SCF US, CARE, CECI, PSI etc. Presently, IRHDTC is working as a partner organization of Health For Life/ USAID in 14 district in Nepal and UNICEF IN Integrated Management of Acute Malnutrition (IMAM) program in Bajura, Baitadi, Jumla and Mugu districts. The organization has provided consultancy services for various successful public health programs like CB-IMCI, IMAM, CB-NCP, CB-IMNCI, Population and Family Health, Water supply and sanitation, Control of diarrheal diseases, Control of ARI, Reproductive health, Micro credit programs to marginal communities, Income generating activities, Material development, BCC and PRA training and logistics management support program etc.

IRHDTC has strengthen its capabilities by collaborating with Health and Development Associate (HAD) and ETC International having experienced human resources and international expert members in the field of comprehensive health and overall socio-economic development. IRHDTC has also been successful in carrying out international consultancies.

PART IV

ADMINISTRATION AND MANAGEMENT

IRHDTC currently comprises 8 professional central staff, 20 project (field) staffs and 12 retainer consultants and long-term project staff. Professor and Past Assistant Dean of Maharajgunj Campus, Institute of Medicine Prof. Kanti Lata Bhandari is also involved with the this organization and Mr. Ram Bhandari, Public Health Expert and Training Specialist, is the executive director. Mr. Bhandari has experience of working as health training specialist for government and non-government organizations for almost 30 years contributing to the development of training packages for different levels both at national and international level.

The professional staff of IRHDTC includes public health experts, Medical doctors, researchers, sociologists, rural development experts, statisticians and experienced community trainers. A roster of experts and professionals from various disciplines is also maintained, in order to supplement the in-house capability. The name list of the human resources is as follows:

CENTRAL LEVEL STAFFS:

- | | |
|------------------------------|--|
| 1. Prof. Kanti Lata Bhandari | - Chairperson, Professor, TU |
| 2. Mr. Ram Bhandari | - Executive Director, Public Health Expert |
| 3. Mr. Yadu Sudan Kunwar | - Admin & Finance Manager |
| 4. Ms. Sirjana Khanal | - Sr. Program and M&E Officer |
| 5. Mr. Bimarsh N Rana | - Admin & Finance Officer |
| 6. Ms. Sharmila Pudasaini | - M&E Officer |
| 7. Ms. Nikita Shrestha | - Program Officer |
| 8. Mr. Lila Dhar Rimal | - Logistic Officer/CBIMNCI |
| 9. Dr. Bijeta Bhandari | - Program Coordinator |
| 10. Ms. Nanda Rawat | - Office Assistant |

IMAM Field Staffs:

Bajura District	Baitadi District	Mugu District	Jumla District
Dr. Uday Chandra Prakash	Pradeep Parajuli	Abinash Upadhyaya	Raju Ghimire
Nabin Balampaki	Sushma Rai		
Om Shankar Jha	Laxmi Neupane		
Sundar Bhattari	Rushan K. Ojha		
Kabita Shah	Prabina Dhakal		
Sujata Khadka	Madhavi Rokaya		
Pooja Manandhar	Kishan Raj B.K.		
Nabin Adhikari	Basanti Kharel		
	Pradeep Ghimire		
	Yashima Kunwar		

IMNCI Field Staffs:

Sanjhana Thapa Magar
Anju Gautam
Sugan Rijal
Ashfaq Raza Mikrani

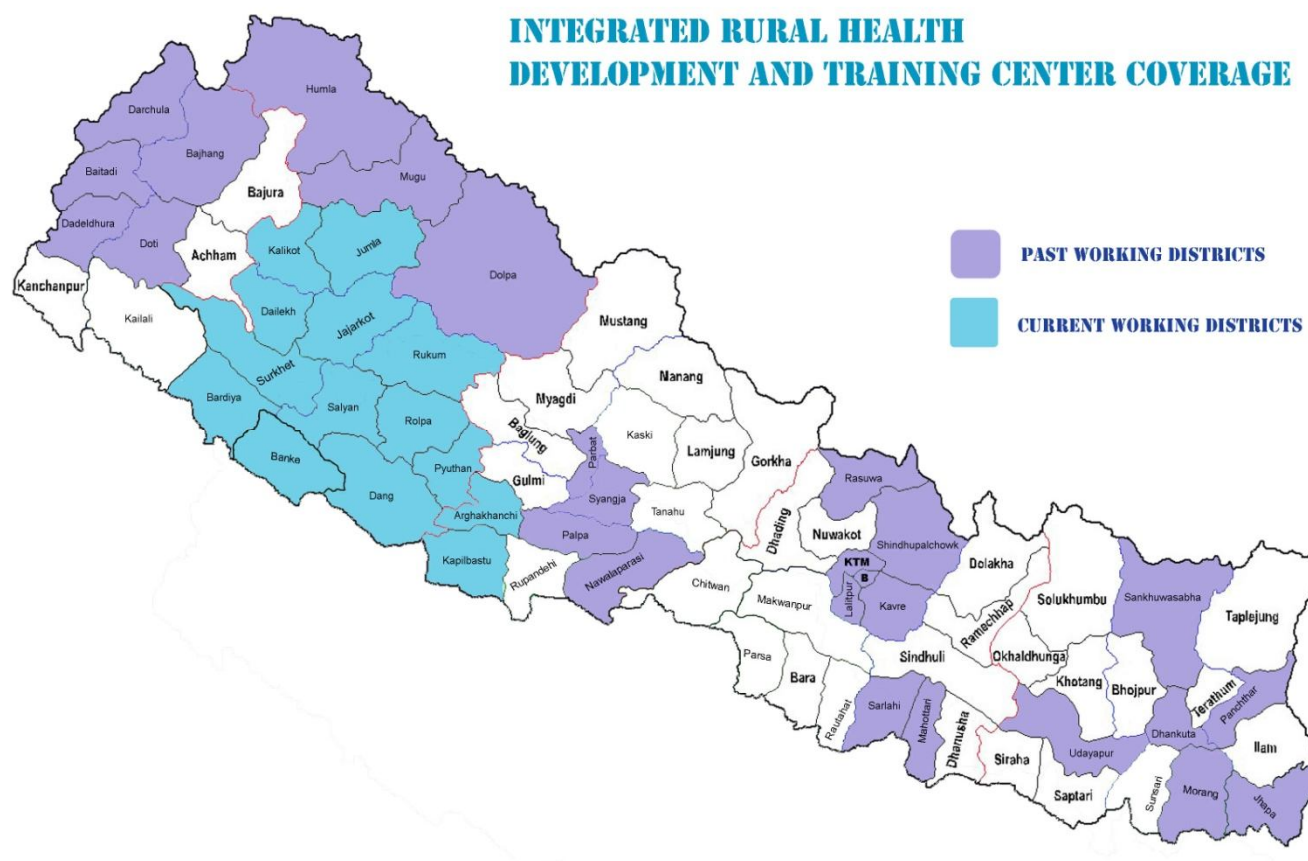
On site Coaching in Birthing Center Field Staffs:

Renuka Khachhe Thapa
Komal Sharma
Durga Chhetri
Santa Pokhrel

CONSORTIUM OF IRHDT

Mr. Bimal Chapagain	- M& CH consultant
Dr. Jyoti Ratna Dhakwa	- Senior Consultant
Dr. Sarala Joshi	- Qualitative Research Consultant
Dr. Ek Raj Ojha	- Development and Planning Expert
Dr. Benu Bahadur Karki	- Sr. Public Health Physician
Mr. Sher Bahadur Chaudhary	- Public Health Specialist
Dr. Padma lal Devkota	- Anthropologist
Mr. Nandam Man Sthapit	- Health Science and Public Health Expert
Prof. Dr. Amita Pradhan	- Statistician

COVERAGE



ORGANOGRAM

